



Chiswick Cycling Club

<http://www.chiswickcyclingclub.org.uk>



Introduction

Chiswick Cycling Club was formed in 2014 and has a membership of 100+.

We are affiliated with British Cycling, the national cycling body.

We are, primarily, a road cycling club although we have members who take part in Cyclocross and track racing.

Many of our riders having been commuting or riding by themselves and wanted some motivation and to join a community of like-minded cyclists.

We have a wide range of cycling abilities from riders with a racing pedigree to cyclists looking to develop into proficient riders comfortable on club runs.

We do not have an entry requirement and have occasional newbie runs to let us guide you to a suitable group for your capabilities. All you need is a road bike or the intention to invest in one.

We like to ride in a group where the benefits of drafting and the camaraderie make cycling more enjoyable. The techniques and protocols of this discipline will be explained to anyone new to the experience.

We always look after our riders and particularly new riders. No rider is ever dropped from a group or abandoned to find their own way home.

Many of our members are very experienced road cyclists who are delighted to give advice if you are thinking of buying a road bike or any road cycling equipment.

We make extensive use of social media and have presence on: Strava, WhatsApp, Facebook, Twitter

To Join

Drop an email to: membership@chiswickcyclingclub.org.uk

Ride Programme

Our rides all start and end in Chiswick. The assembly point for most rides is the George & Devonshire on the Hogarth roundabout, accessible via the A4 underpass.

Our main riding day is Sunday, with rides leaving the G&D at 8:30am returning around 1:30pm, though other rides are organized in a more ad hoc all through the week and publicized to members via Facebook, WhatsApp & email.



Chiswick Cycling Club

<http://www.chiswickcyclingclub.org.uk/>



There are usually several different speed groups to choose from. We have a “leisure” group which is the best place to start. It specializes in less challenging terrain but with all the usual elements of a club ride.

Other groups will tackle more severe hills at increasing pace. Our ride leaders will advise on the best suited ride for a given rider.

Example of a typical medium group Sunday ride:

